

GOLDCOAST medspa, LTD.
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Botox and Dysport Pre/Post Care

Pre-Care:

- Be aware that blood thinning medications and supplements may increase the risk of bruising at the site of injection. Blood thinning agents include but are not limited to: Ibuprofen, Fish Oil, St. John's Wort, and high doses of Vitamin E. You may wish to discontinue use of these medications and supplements one week prior to treatment to minimize the risk of bruising. If you have been instructed to take these medications or supplements by a healthcare provider, consult your provider prior to discontinuing their use.

Post-Care:

- Keep upright for four to six hours after injections. Avoid lying down or leaning forward.
- Avoid touching the area excessively. Do not apply pressure or massage the area. If you apply makeup following your treatment, apply with a light touch.
- Results may take between 7-14 days to maximize and be readily noticed.
- Call GOLDCOAST medspa, Ltd. if you have any questions.
- In the event of an emergency, call 9-1-1 or go to the nearest emergency room.

I have received a copy of these instructions, they have been reviewed by me, and I have had the opportunity to ask any questions. By signing below, I express my understanding and compliance.

Signature

Date