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PRE & POST TREATMENT INSTRUCTIONS — MESOPEN® MICRO-NEEDLING

PRE-TREATMENT INFORMATION & INSTRUCTIONS:

Mesopen® Micro-Needling offers a new way for minimal invasive percutaneous collagen induction therapy (CIT) to the face. Benefits include new collagen and elastin growth to help improve skin's texture and appearance. Micro-needling can also target and reverse sun damage and works to improve hyper-pigmentation. Before treatment:

- Avoid smoking at least three (3) hours before treatment
- If you have herpes simplex (cold sores) outbreaks, this treatment requires pre-medication
- Avoid anticoagulant medication (etc. Aspirin and other blood thinners) as advised by your physician
- Notify the clinical staff if you are treating Diabetes for the clinical staff to determine proper protocol
- Notify the clinical staff if you are prone to keloid development
- Notify the clinical staff if you have had dermabrasion, surgery or radiation therapy to your face in the past 4-6 months

POST-TREATMENT INFORMATION & INSTRUCTIONS:

After the micro-needling treatment is completed, follow the below care instructions:

- Redness and swelling may occur up to 48-hours after treatment
- Bruising, inflammation, itching and moderate pain can occur after treatment
- Avoid sun exposure for up to 10-14 days post treatment and wear SPF 30 or higher
- Full effect for collagen and elastic growth can take up to 12-16 weeks
- More than one treatment may be needed to reach desired results
- ***If serious complications arise***, call the office and schedule an appointment with the Nurse Practitioner

(Customer signature)

(Clinician signature)

(Date)

(Date)